

PSHE and RE Overview

PSHE			
	Autumn Term	Spring Term	Summer Term
Year 7	Health & Wellbeing: Transition to secondary school and personal safety in and outside school, including first aid Living in the wider world: Developing skills and aspirations. Careers, teamwork and enterprise skills, and raising aspirations	Relationships and Sex Education: Diversity, prejudice, and bullying Health & wellbeing: Healthy routines, influences on health, puberty, unwanted contact	Relationships and Sex Education: Building relationships. Self-worth, romance and friendships (including online) and relationship boundaries Living in the wider world: Financial decision-making Saving, borrowing, budgeting and making financial choices
Year 8	Health & wellbeing: Alcohol and drug misuse and pressures relating to drug use Living in the Wider World: Careers and future learning pathways (XELLO)	Relationships and Sex Education: Identity and relationships. Gender identity, sexual orientation, consent, 'sexting', introduction to contraception Health & wellbeing: Mental health and emotional wellbeing, including body image and coping strategies	Relationships and Sex Education: Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia Living in the Wider World: Digital Literacy
Year 9	Health & wellbeing: Peer influence, substance use and gangs. Healthy and unhealthy friendships, assertiveness, substance misuse Living in the Wider World: Learning strengths, career options and goal setting as part of the GCSE options process	Relationships and Sex Education: Families and parenting, healthy relationships, conflict resolution, and relationship changes Health and Wellbeing: Diet, exercise, lifestyle balance and healthy choices, and first aid	Relationships and Sex Education: Consent, contraception, the risks of STIs, and attitudes to pornography Living in the Wider World: Employability and online presence
Year 10	Health and Wellbeing: Mental health, challenges and promoting positive mental health Living in the Wider World: Finances, gambling and debt	Relationships and Sex Education: Relationships and sex expectations, pleasure and challenges, including the impact of the media and pornography Health & wellbeing: The influence and impact of drugs, gangs, role models and the media	Relationships and Sex Education: Community cohesion and challenging extremism Living in the wider world: Preparation for and evaluation of work experience and readiness for work (XELLO)
Year 11	Health & wellbeing: Self-efficacy, stress management, and future opportunities Living in the wider world: Application processes, and skills for further education, employment and career progression	Relationships and Sex Education: Assertive communication (including in relation to contraception and sexual health), relationship challenges Health & wellbeing: Responsible health choices, and safety in independent contexts	Relationships and Sex Education: Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships

RE			
	Autumn Term	Spring Term	Summer Term
Year 7	How can people in Cornwall express their spirituality through the arts? Local examples of religion and spirituality over time	The Buddha: How and why do his experiences and teachings have meaning for people today? An introduction to Buddhism	Why was Jesus so radical? Incarnation, radical teachings and outcasts
Year 8	What is good and what is challenging about being a Muslim teenager in Britain today? Muslim beliefs and media portrayal of Muslims and Islamophobia	How are Sikh teachings on equality and service put into practice today? Guru Nanak, Sikh beliefs on equality and caste and the three duties	Why don't Hindus want to be reincarnated and what can they do about it? Introduction to Hinduism, Brahman, Dharma in action
Year 9	Should Christians be greener than everyone else? (Stewardship) Awe and wonder, The Big Bang, Evolution, Genesis and religious and non-religious reasons to be a good steward	From Chapels to Stone Circles: How is belief transforming in the Duchy? The legacy of methodism, Paganism, Secularism and Humanism in Cornwall	Why is there suffering? Are there any good solutions? Christianity/ Buddhism/ Humanism Suffering and free will. The four noble truths and the eightfold path
Year 10	Religious and non-religious views on crime, punishment, justice and forgiveness – should we always forgive? Christian and Muslim teachings on crime and punishment. Popular views in society and portrayals in the media	Religious perspectives on war and conflict – can it ever be justified? Causes of war, just war, pacifism	Understanding and comparing Christianity and Islam – how different are these two religions? Key Muslim and Christian teachings. Beliefs in practice
Year 11	Religious and non-religious views on life, death abortion and euthanasia – is life sacred? How do our beliefs affect our understanding of life and death?	Revision and study skills	Revision and study skills