## Dear Parent / Carer

## Assessment timetable for Year 10, Monday 14<sup>th</sup> November until Friday 2<sup>nd</sup> December

As we approach half term, we wanted to take the opportunity to share with you the timetable of assessments that your child will sit during the next half term. Our assessment period spans three school weeks: Monday 14<sup>th</sup> November until Friday 2<sup>nd</sup> December. Your child will sit assessments in most subjects and this is to assess their progress against our planned curriculum and to help to identify areas for curriculum development.

Revision sessions will be taking place in lessons and will continue to do so throughout this period. Your support in ensuring that you child attends all of their lessons is very much appreciated.

November (A) Session 1 Session 2 Session 3 Session 4  Monday  Tuesday  Tuesday  Tuesday  Thursday  English - all Y10  Thursday  Friday  Session 1 Session 2 Session 3 Session 4  10Y ART / 10Y Graphics & Y10 Computer Science  10X ART / 10Y Graphics  Tox ART / 10Y Graphics  Session 2 Session 3 Session 4  W/C 21st November (B) Session 1 Session 2 Session 3 Session 4  Spanish- 10B1 Listening and Reading Foundation  Spanish- 10B1 Listening and Reading Foundation  Spanish- 10A1 Listening and Reading Foundation. Geography 10AG1 & 2.	W/C 14th				
(A) Session 1 Session 2 Session 3 Session 4  Monday  Tuesday  Tuesday  Wednesday  English - all Y10  Thursday  English - all Y10  10X & 10Z Sport Studies  W/C 21st November (B)  Session 1 Session 2 Session 3 Session 4  Spanish- 10B1 Listening and Reading Higher.  Geography - 10BG1&  Friench- 10A1 Listening and Reading Foundation.  Spanish- 10A1 Listening and Reading Foundation.					
Tuesday  Tuesday  Wednesday  English - all Y10  Thursday  Friday  Thursday  English - all Y10  Thursday  English - all Y10  Sport Studies  W/C 21st November (B)  Session 1  Session 2  Session 3  Session 4  Spanish- 10B1  Listening and Reading Higher.  Geography - 10BG1&  French- 10A1 Listening and Reading Foundation.  Spanish- 10A1 Listening and Reading Foundation.		Specion 1	Specion 2	Session 3	Session 4
Tuesday  Wednesday  Thursday  English - all Y10  Sport Studies  W/C 21st November (B)  Session 1  Session 2  Session 3  Session 4  Spanish- 10B1 Listening and Reading Higher. Geography - 10BG1&  and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.		06331011 1	06331011 2	06331011 3	06331011 4
Wednesday  Thursday  English - all Y10  Tox & 10Z Sport Studies  Session 2  Session 3  Session 4  Spanish- 10B1 Listening and Reading Higher. Geography - 10BG1&  Tox ART / 10Y Graphics  Session 3  Session 4  Spanish- 10B1 Listening and Reading and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.	Monday				
Wednesday  Thursday English - all Y10  Thursday Friday  M/C 21st November (B) Session 1 Session 2 Session 3 Session 4 Spanish- 10B1 Listening and Reading Higher. Geography - 10BG1& Graphics & Y10 Computer Science  10X ART / 10Y Graphics  Session 3 Session 4 Spanish- 10B1 Listening and Reading French- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.	Tuesday				
Wednesday  Thursday English - all Y10  Tox & 10X & 10Z Sport Studies  W/C 21st November (B)  Session 1  Session 2  Session 3  Session 4  Spanish- 10B1 Listening and Reading Higher. Geography - 10BG1&  Computer Science  10X ART / 10Y Graphics  Session 3  Session 4  Spanish- 10B1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.					
Wednesday Thursday English - all Y10  Tox ART / 10Y Graphics  10X & 10Z Sport Studies  W/C 21st November (B) Session 1 Session 2 Session 3 Session 4 Spanish- 10B1 Listening and Reading Higher. Geography - 10BG1& French- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.					
Thursday English - all Y10  Thursday English - all Y10  10X & 10Z Sport Studies  W/C 21st November (B)  Session 1  Session 2  Session 3  Session 4  Spanish- 10B1 Listening and Reading Foundation  Spanish- 10B1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.	Wednesday				
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November (B) Session 1 Session 2 Session 3 Session 4  Spanish- 10B1 Listening and Reading French- 10A1 Listening and Reading Foundation. Spanish- 10B1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.	Friday		Sport Studies		
November (B) Session 1 Session 2 Session 3 Session 4  Spanish- 10B1 Listening and Reading French- 10A1 Listening and Reading Foundation. Spanish- 10B1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.					
November (B) Session 1 Session 2 Session 3 Session 4  Spanish- 10B1 Listening and Reading French- 10A1 Listening and Reading Foundation. Spanish- 10B1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.					
(B) Session 1 Session 2 Session 3 Session 4 Spanish- 10B1 Listening and Reading French- 10A1 Listening and Reading Foundation. Spanish- 10B1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.					
Monday  Spanish- 10B1 Listening and Reading Foundation  Spanish- 10B1 Listening and Reading French- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.					
Monday  Spanish- 10B1 Listening and Reading Foundation  French- 10A1 Listening and Reading Foundation. Higher. Geography - 10BG1&  And Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.	(B)	Session 1	Session 2	Session 3	
Monday  Spanish- 10B1 Listening and Reading Higher. Geography - 10BG1&  Reading Foundation  French- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.					
Monday  Spanish- 10B1 Listening and Reading Higher. Geography - 10BG1& French- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.					
Spanish- 10B1 Listening and Reading Higher. Geography - 10BG1& French- 10A1 Listening and Reading Foundation. Spanish- 10A1 Listening and Reading Foundation.	Monday				
Listening and Reading Higher.  Geography - 10BG1&  and Reading Foundation.  Spanish- 10A1 Listening and Reading Foundation.	Worlday	Spanish- 10B1		French- 10A1 Listening	Touridation
Higher. Spanish- 10A1 Listening and Reading Foundation.					
Tuesday 2. Geography 10AG1 & 2.		Geography - 10BG1&			
	Tuesday	2.		Geography 10AG1 & 2.	
Wednesday GCSE RE/ 10Y Food 10X Food	Wednesday	GCSE RE/ 10Y Food			10X Food
Thursday 10X D&T 10Y D&T	Thursday	10X D&T	10Y D&T		
French- 10A1 Listening	, in the second				
and Reading Higher.					
Spanish- 10A1					
Listening and Reading	Frida.				
Friday Higher.	Friday	Higher.			

W/C 28th November				
(A)	Session 1	Session 2	Session 3	Session 4
		History - 10AH1/H and		History for 10BH1/H and
Monday		10AH2H	Science (all classes)	10BH2/H
Tuesday				
Wednesday	Drama			
Thursday		Maths (all classes)		
Friday				Maths (all classes)

The assessment information will be shared with parents in the Autumn term reports to help give an overview of your child's progress. Not all subjects will be assessed during this cycle of assessments; this is due to the nature of some courses where the students are currently working on coursework.

Assessments, of any kind, can cause anxiety and stress for students. There are many things that you can do to support their revision and the assessment period itself. Please speak to us at school if you are concerned or need advice; below are some suggestions that can help.

- Work with your child to find what revision style works for them.
- Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing.
- Make sure they are eating and drinking at regular intervals.
- Encourage them to take some time after revising to wind down.
- Reassure them reinforce that you are and will be proud of them no matter what happens.
- Remain positive and hopeful!
- Plan a treat or an activity together to mark the end of the exams.
- Set aside one to one time so that they can talk to you about any worries.
- Let them know their feelings are valid and normal, but also offer support and solutions where possible.
- Anxiety is often worst at night and this means it is useful to encourage a good bedtime routine.
- Work with them to develop relaxation techniques.
- If anxiety and stress start impacting their day-to-day life, seek help from your GP and please liaise with our pastoral team

Once again.	please do	not hesitate to	contact school if	ou have further	questions.
Office again,	picase ao	mot meditate to	CONTRACT SCHOOL II	you have fullifier	questions.

Kate Jones

Yours faithfully

**Deputy Head**