

Year	Block 1	Block 2	Block 3	Block 4	Block 5	Block 6
11	<p>Topic: Health, Fitness and Well-being. Use of data.</p> <p>Focus: Explore the factors that affect well-being: body type, lifestyle and nutrition.</p> <p>Outcome: Explain how each factor affect s well-being and the benefits of an active, healthy lifestyle. Be able to interpret different forms of data to improve sports performance.</p> <p>Duration: 14 lessons</p>	<p>Topic: Health, Fitness and Well-being. Use of data.</p> <p>Focus: Explore the factors that affect well-being: body type, lifestyle and nutrition.</p> <p>Outcome: Explain how each factor affect s well-being and the benefits of an active, healthy lifestyle. Be able to interpret different forms of data to improve sports performance.</p> <p>Duration: 14 lessons</p>	<p>Topic: Revision of 3.1 Topic Areas</p> <p>Focus: Through RAG rating pupils have identified areas of weakness that we are now recapping.</p> <p>Outcome: This is practised alongside regular exam based questioning as they move closer to their exam.</p> <p>Duration: 14 lessons</p>	<p>Topic: Revision of 3.2 Topic Areas</p> <p>Focus: Through RAG rating pupils have identified areas of weakness that we are now recapping.</p> <p>Outcome: This is practised alongside regular exam based questioning as they move closer to their exam.</p> <p>Duration: 14 lessons</p>	<p>Topic: Exam Technique and Preparation</p> <p>Focus: Through RAG rating pupils have identified areas of weakness that we are now recapping.</p> <p>Outcome: This is practised alongside regular exam based questioning as they move closer to their exam.</p> <p>Duration: 14 lessons</p>	