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Every Child, Inspiring Learning, Every Day

ST IVES SCHOOL

Dear Parent/Carer

Following our telephone call earlier today regarding your child's head injury, we advise parents to be vigilant for any of the following symptoms over the next 48 hours:

- Headache
- Vomiting
- Dizziness
- Double vision
- Drowsiness
- Difficulty in walking
- Any weakness of limbs

Should any of these symptoms arise, then we recommend seeking immediate medical support via your GP or Accident & Emergency Department.

Further to our recommendations I have included the RFU guidelines for Head Injuries that have possibly occurred during a sporting activity.

The player with concussion should "Rest their body and Rest their brain" for a minimum of 14 days, and until all symptoms have disappeared, before commencing a graduated return to play protocol programme (GRTP). Further information can be found at www.sportandrecreation.org.uk/concussion-guidelines

Please don't hesitate to contact me, or another member of our First Aid Team, if you would like any more information.

Yours faithfully

Mrs J Wardman, First Aid

Executive Headteacher: Mrs J Woodhouse BSc

Head of School: Mr J Butterworth MEd

