



## PERSONAL DEVELOPMENT AT ST IVES SCHOOL

### EXTRA-CURRICULAR INTRODUCTION STATEMENT OF INTENT

The extra-curricular programme at St Ives School is diverse, embedded into the wider curriculum offer and highly valued by all stakeholders. There are clear reasons for this, most notably to have a positive impact on personal development, to offer the broadest range of opportunities possible and to benefit from the wider positive outcomes including improvement in academic outcome. We are focused on ensuring our students are active, healthy and engaged, and that they have the opportunity to explore a wider range of interests beyond subject syllabuses.

There is strong evidence to suggest that students who engage in extra-curricular activities have improved brain function, better concentration and attendance. Exploring a range of interests can only be a good thing. Taking part in different activities can unlock skills, talents and passions that young people never realised they had and opens the possibility of extending their cultural capital.

The Youth Sport Trust also point to extra-curricular activity and sport as being vital to build confidence and self-esteem, personal resilience and a more positive attitude both to trying new things and being part of the school community. While academic attainment is important, the importance of these wider life skills have been repeatedly identified by employers as a key part of being 'work ready' - 61% of businesses are not satisfied with resilience / self-management skills of young people while 31% report poor team working skills (Confederation of British Industry, 2015)

St Ives School is committed to offering Inspiring Learning and preparing students for a successful future; our extra-curricular programme is central to this ambition. As such, every faculty offers a range of extra-curricular opportunities and through our Be Inspired programme, every teacher delivers extra-curricular activities at least once per fortnight.

### EXTRA-CURRICULAR PROGRAMME

Year Group	Activity
7- 11	Be Inspired programme- a termly rotation of broad and diverse activities chosen by students and delivered every fortnight during the school day.
7-11	Sport and Wellbeing clubs – a range of different physical activities that rotate every term and include opportunities to take part in competition or recreational activity, develop new skills and to support health and well-being. Examples include: trampolining club, body pump, netball club and table tennis.
7-11	School Sport Fixtures – the school enters a huge range of sports competitions on a local, regional and national level in a diverse range of activities and across every year group. Examples include the Cornwall School games, National Swimming Championships and all Cornwall Schools football competitions in every age and gender category. In addition we also take part in friendly competition against local Penwith Schools.
7-11	Informal lunch time sports activities – to promote wellbeing and physical activity there are a number of organised lunchtime activities available to all students on a drop in basis. These include: table tennis, football, spinning and volleyball.

## MATHS

Year Group	Activity
7-11	Maths offer a regular drop in session for all students on a weekly basis. This session is to support students with intervention and homework which they may need support with.

## DRAMA & PERFORMING ARTS

Year Group	Activity
7-10	Drama club is a regular club which takes place on a weekly basis and is open.
7-9	Film club takes place weekly and offers students a range of movies and discussion around the film industry.
7-11	Music offers a range of activities for all students, these include; choir, samba band, soul choir, karaoke club and ukulele factory.

## CREATIVE DESIGN

Year Group	Activity
Year 9-11	Graphics, D&T and Food Nutrition and Preparation all offer support session to students where they can come and work independently on project which may need specialist resources and equipment.

## HUMANITIES & LANGUAGES

Year Group	Activity
Year 7-9	Mock trials is an event that takes place annually. This is a competition which is based in Truro Magistrates Court and gives students an insight into law.
Year 9-10	Duke Of Edinburgh Award is run by Mr G Olds and is a very popular event for students wanting to gain a silver or bronze award.