



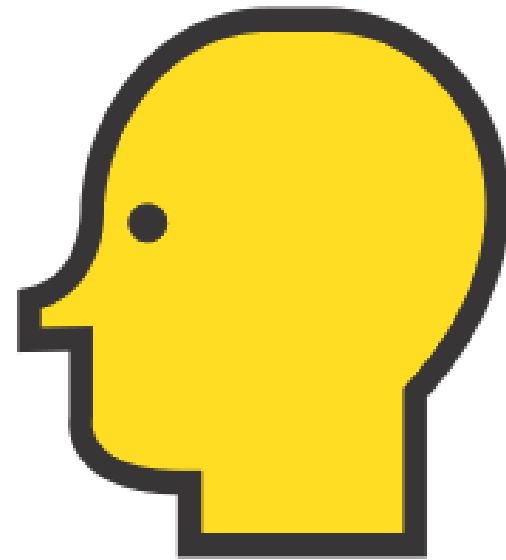
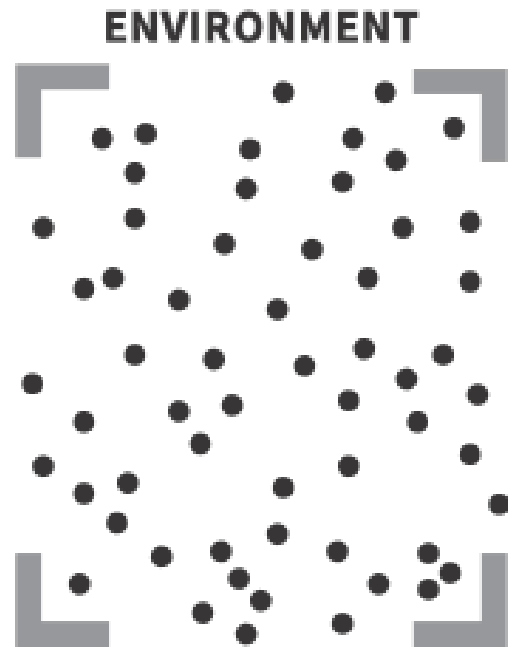
Welcome to the Year 11 Revision Planning Evening

Wednesday 29th January

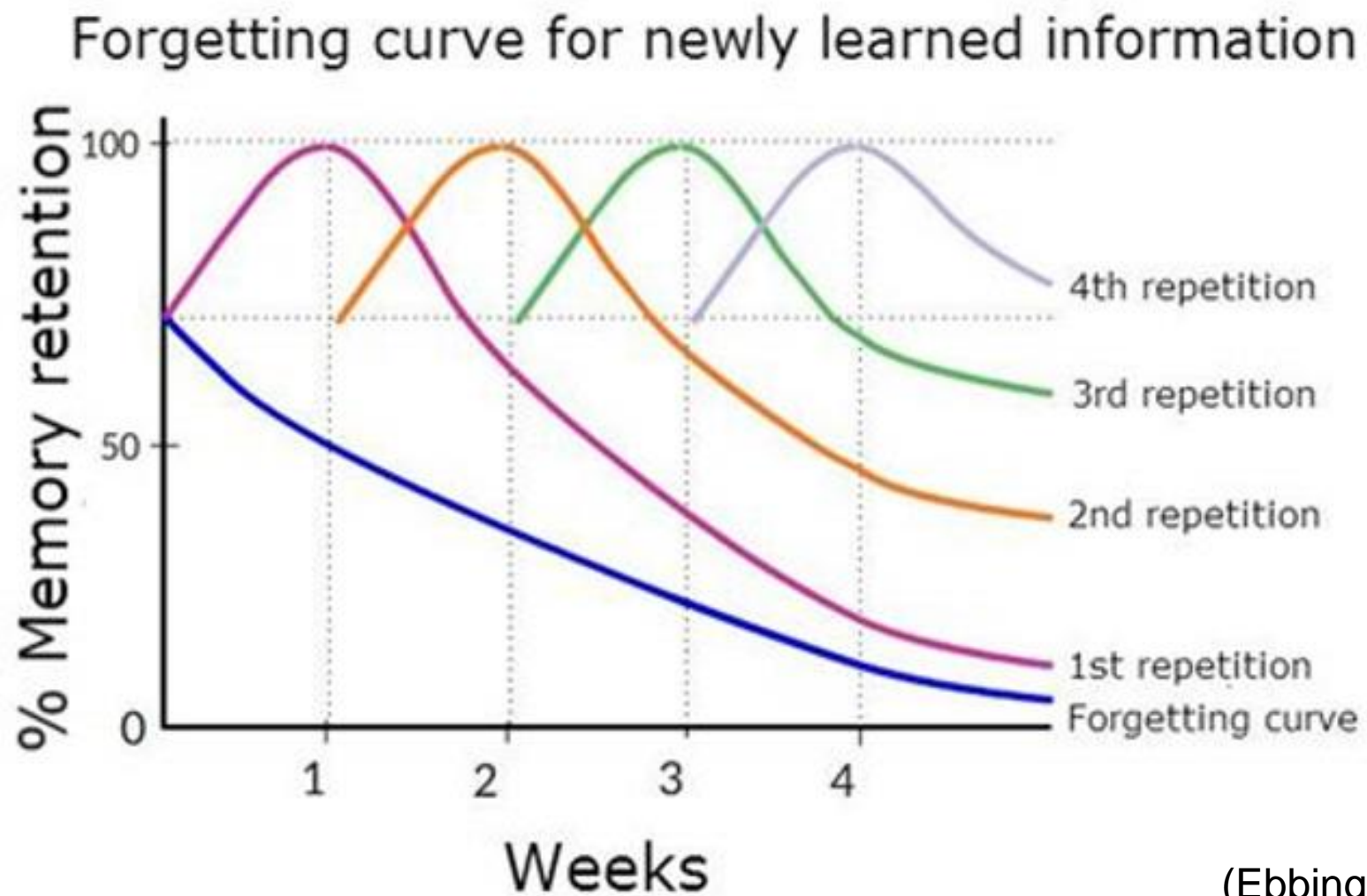


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Learning is defined as a change in long term memory:



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(Ebbinghaus, 1885)

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A woman with dark hair, wearing a red long-sleeved shirt and blue jeans, is lying on her back on a brown carpeted floor. She has her eyes closed and her hands are pressed against her temples, suggesting stress or exhaustion. Surrounding her are various items: a silver laptop, several open books and papers, a smartphone, a tablet, and a pair of white earbuds. A thought bubble with a red outline and three small red circles leading to her head is positioned to her left.

I can't
revise!

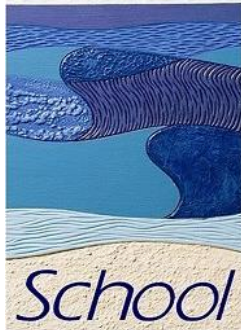
Effective strategies

- Self-quizzing
- Spaced practice
- Interleaving practice
- Dual coding
- Practice Questions

1. Spend the time on the right things
2. Check you are learning and not just DOING work
3. Develop helpful habits around re-visiting



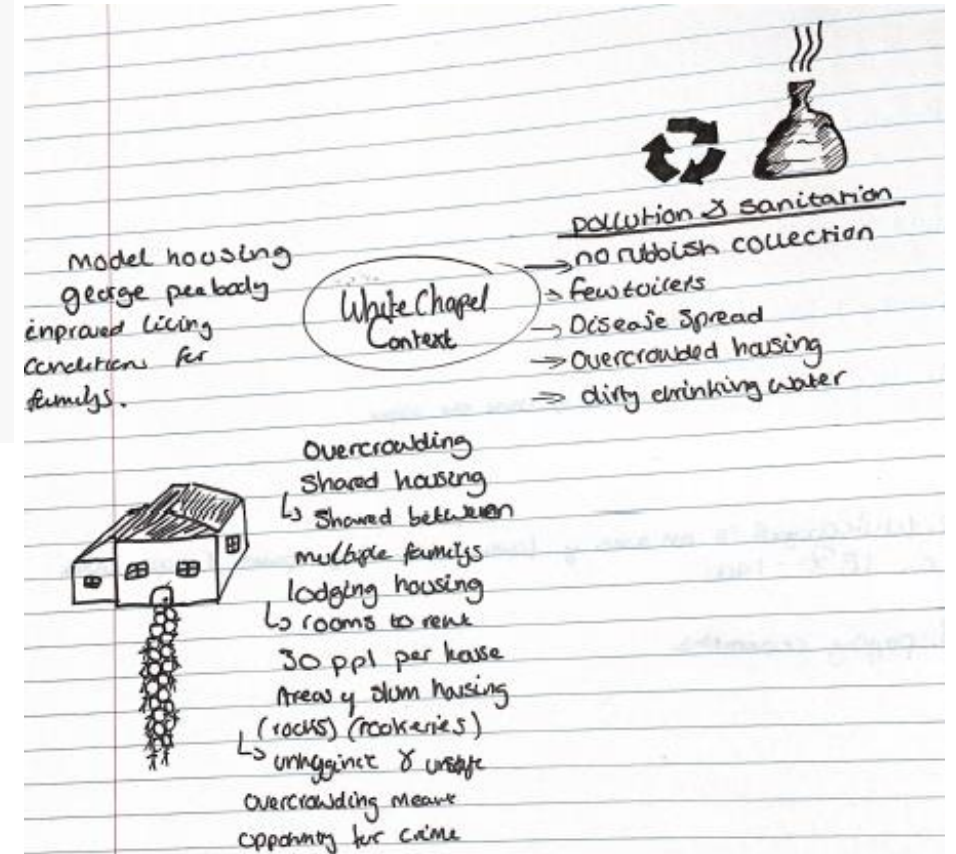
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Everyone can revise. Everyone can have a good memory

- Dual coding



Revision instructions – follow the steps



1. Put the title of exactly what part of the slave trade you are reading about on your flashcard
2. Read your work or the help sheet
3. Highlight a point or sentence if it seems important and you understand it
4. Write it as briefly as possible onto your flashcard
5. When you have got 3 – 5 facts on your flashcard add a picture or symbol that will help you remember
6. Read each fact 3 times and picture the info in your head
7. Test yourself – how many of the facts from your flashcard can you say or write down
8. Check your answers and highlight the points on the flashcard that you weren't able to remember
9. Go back and redo points 6, 7 and 8 for the highlighted points



Well Done Year 11



- ✓ Impressive attendance at after school intervention
- ✓ Positive attitude and effort – especially during Mocks
- ✓ Excellent engagement in your careers one to one meetings
- ✓ Great conversations about learning with teachers



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ASSESSMENTS

At St Ives School We...

STUDY HARD

Organise ourselves, we have a revision plan and we start early.

USE EVERY MINUTE

We think hard, we write until the end, we fight for every mark

ARE READY

We have the right equipment, we are on time and we are focused

LOOK AFTER OURSELVES AND EACH OTHER

We sleep well, we eat well and we plan in rewards.

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LEARNING WALKTHRU_s



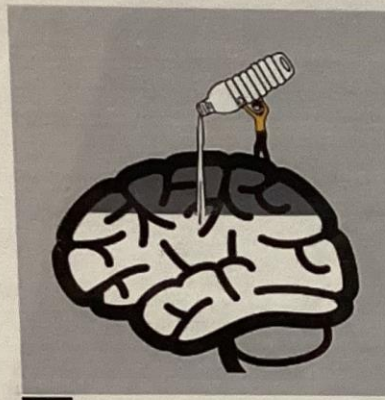
HOW WE LEARN SERIES

HEALTHY LEARNING | THE SHED METHOD



1

SLEEP



2

HYDRATION



3

EXERCISE



4

DIET



5


LOOK AFTER YOUR
SHED!

- Sara Milne Rowe advises that, to make better decisions and focus well, it's essential your brain is at its alert best. That starts in your SHED: Sleep, Hydration, Exercise, Diet.
- These four pillars are fundamental to managing your mood and thinking clearly, managing how you react under pressure. Keeping your SHED well-fuelled gives you more control.
- Notice which elements affect you most when they're depleted, then build some better habits to increase your SHED fuel and, as a consequence, fuel your brain.

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Period 5 Timetable – your day is extended after February half term.



Period 5

#Attend2Achieve

Time 3:15 - 4pm	Monday	Tuesday	Wednesday	Thursday	Friday
Week A	English	Option C	Maths (H) Science (F)	Maths (F) Science (H)	Option A
Week B	English	Option D	Maths (H) Science (F)	Maths (F) Science (H)	Option B

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From all the staff at St Ives School...



**Believe in
yourself
and you
can
achieve
anything.**

**GOOD LUCK
WITH YOUR
EXAMS**



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Let's get the planning underway!

Stage 1: Planning your commitments

- Review the planning calendar. Each week go through and identify any times when you definitely won't be available (e.g. clubs, family events etc).
- Add in notes for any other flexible items (other than revision) than you need to find time for on specific days / weeks.
- Using the exam timetable, write down the exams that are taking place on the correct days. Note down when the final exam for each subject takes place.



Stage 2: Committing to revision



- Agree how much time you want to commit to revision – we've made suggestions on page
- Note: Homework will continue up to Easter, from Easter your homework will be your revision
- Decide how much per day - week days and weekends – this will be different in term time and during holidays.
 - *We recommend your revision slots should be in 30 minute chunks with at least one night off a week*
 - *We have suggested how many slots should be manageable at different stages:*
 - *During holidays – 2-3 hours each day on 5 days out of 7*
 - *Spring term 2 – 1 hour each day on 5 days out to 7 (alongside homework)*
 - *Summer term – 1.5 hours each day on 5 days out of 7 (homework not set)*
- *Mark these sessions onto your planning grid – just as blank slots for now.*



Stage 3: Plan your time per subject



- Count up how many subjects you have that have final exams in the summer.
- Note that English counts as 2 subjects and Science is 2 subjects for most students, or 3 if you study triple.
- Consider the relative difficulty and importance of each subject, and the weighting of the exams (some are 100% examined, others you may have completed controlled assessment for).
- Now look at how many slots you have each week – you should aim to have at least one slot for each subject, each week.
- Consider the relative difficulty and importance of each subject, and the weighting of the exams (some are 100% examined, others you may have completed controlled assessment for.)
- Based on this you may wish to do extra sessions for some subjects.

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Stage 4: Put the subject sessions onto your plan

- Every subject has divided their curriculum into 20 revision slots
- *You may want to do this bit in pencil!*

Start putting the slots onto your plan. Each time you put a subject slot, label it with a number (Maths 1, Maths 2 etc). This helps you link to which content to cover.



And finally:

- You won't have had time to do it all, but you've made a brilliant start!
- This is a working document, designed to help you stay organised and in control
- If you miss a slot, don't panic!
- Just reorganise your plan, add an extra slot in the next few days.
- Don't let it snowball! Talk to us, parents, carers.
- Organise yourself a tidy working area with the resources you need. Put your phone to one side or leave with your parents. Turn notifications off!



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