

# WEEK 1 MENU

W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

FOOD UNION

## CHOICE One

## CHOICE Two

## GRAB & GO options

	RICE BOX	
MON	<b>Beef Bolognese</b> 🍷 🌿 Served with Wholewheat Pasta and Mixed Salad	<b>Roasted Rainbow Vegetables</b> 🌱 🍷
	BURGER BAR	
TUE	<b>Chicken Tikka Masala</b> 🍷 🌿 Served with Wholegrain Rice	<b>Veggie Burger</b> 🌱 Served with Chipotle Wedges and Corn on the Cob
	HOT DELI	
WED	<b>Spicy Chicken Pitta</b> Served with Mixed Salad	<b>Sweet Chilli Noodles</b> 🌱 🍷 Served with Vegetables
	MAC SHACK	MAC SHACK
THUR	<b>Macaroni Cheese with Crispy Bacon</b> Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	<b>Macaroni Cheese with Chipotle Sweetcorn</b> 🌱 🍷 Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
	FRIDAY FAVOURITES	
FRI	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>Quorn Sausage Roll</b> 🌱 Served with Chips, Baked Beans and Peas

### HOT DISHES:

Paninis  
 Pasta and Sauces  
 Freshly Baked Pizza  
 Soup and Bread  
 Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad  
 Pesto Pasta Salad 🌿 🌱  
 Roasted Indian Chickpea Salad 🍷 🌱

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
 Chicken Salad Sandwich  
 Cheese Baguette 🌱  
 Tuna Mayo Baguette  
 BLT Baguette

### WRAPS:

Pepper and Houmous Wrap 🌱 🌿  
 BBQ Chicken Wrap 🌿  
 Chicken Caesar Wrap 🌿

# WEEK 2 MENU

W/C: 22/04, 13/05, 03/06, 24/06, 15/07, 16/09, 07/10, 28/10

FOOD UNION

## CHOICE One

## CHOICE Two

## GRAB & GO options

	CLASSICS	CLASSICS
<b>MON</b>	<b>Sausage and Mash</b> Served with Vegetables and Gravy	<b>Vegetarian Sausage and Mash</b>   Served with Vegetables and Gravy
	PAN-ASIAN	PAN-ASIAN
<b>TUE</b>	<b>Mandarin Chicken</b>  Served with Wholegrain Rice, Peas and Crunchy Slaw	<b>Vegetable Donburi</b>  Served with Peas and Crunchy Slaw
<b>WED</b>	<b>Roast Pork</b> Served with Roast Potatoes, Vegetables and Gravy	<b>Roast Quorn</b>  Served with Roast Potatoes, Vegetables and Gravy
	LOADED NACHOS	LOADED NACHOS
<b>THUR</b>	<b>Chilli Con Carne Nachos</b>  Served with Mixed Salad and Salsa	<b>Chilli No Carne Nachos</b>   Served with Mixed Salad and Salsa
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Southern Fried Chicken Wrap</b> Served with Chips, Baked Beans and Peas	<b>Cheese and Onion Pasty</b>  Served with Chips, Baked Beans and Peas


### HOT DISHES:

Paninis  
Pasta and Sauces  
Freshly Baked Pizza  
Soup and Bread  
Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad    
Roasted Indian Chickpea Salad  

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette   
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap    
BBQ Chicken Wrap   
Chicken Caesar Wrap 

# WEEK 3 MENU

FOOD UNION

W/C: 29/04, 20/05, 10/06, 01/07, 22/07, 02/09, 23/09, 14/10

## CHOICE One

## CHOICE Two

## GRAB & GO options

	HOT DOGS	HOT DOGS
<b>MON</b>	<b>Classic New Yorker Hot Dog</b> Served with Chipotle Wedges and American Slaw	<b>Tropical Sunshine Hot Dog</b> 🌱 🍷 Served with Chipotle Wedges and American Slaw
	STREET FOOD	
<b>TUE</b>	<b>Buffalo Chicken</b> Served with Baked Garlic and Herb Wedges and Mixed Salad	<b>Veggie Burrito</b> 🌱 🌿 Served with Chipotle Wedges
<b>WED</b>	<b>Roast Chicken</b> Served with Roast Potatoes, Vegetables and Gravy	<b>West African Vegetable Rice</b> 🌱
	BUDDHA BOX	BUDDHA BOX
<b>THUR</b>	<b>Nut-free Chicken Satay Buddha Box</b> 🌿 Served with Wholegrain Rice and Mixed Salad	<b>Roast Butternut Squash, Chickpea and Broccoli Buddha Box</b> 🌱 🍷 🌿
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Battered Fish</b> Served with Chips, Baked Beans and Peas	<b>Vegetable Fajita</b> 🌱 🌿 Served with Chips, Baked Beans and Peas

### HOT DISHES:

**Paninis**  
**Pasta and Sauces**  
**Freshly Baked Pizza**  
**Soup and Bread**  
**Jacket Potato and Toppings**

### SALADS:

**Tuna and Sweetcorn Pasta Salad**  
**Pesto Pasta Salad** 🌱 🌿  
**Roasted Indian Chickpea Salad** 🍷 🌱

### SANDWICHES/BAGUETTES:

**Ham and Cheese Sandwich**  
**Chicken Salad Sandwich**  
**Cheese Baguette** 🌱  
**Tuna Mayo Baguette**  
**BLT Baguette**

### WRAPS:

**Pepper and Houmous Wrap** 🌱 🌿  
**BBQ Chicken Wrap** 🌿  
**Chicken Caesar Wrap** 🌿